

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK ONE

Option One

Plant Balls in Tomato Sauce with Rice



Beef Lasagne with Garlic Bread



Roast Chicken, Stuffing, Roast Potatoes and Gravy

**NEW** Chicken Biryani

Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce

Option Two

Autumn Vegetable Lasagne

Beetroot and Lentil Burger in a Bun with Potato Wedges



Vegetarian Wellington with Roast Potatoes and Gravy



**NEW** BBQ Sausage Pasta with Garlic Bread



Cheese and Bean Pasty with Chips and Tomato Sauce

Vegetables

Vegetables of the Day

Vegetables of the Day

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Vegetables of the Day

Dessert

Cheese and Crackers

**NEW** Apple Crumb Cake with Custard

Fruit Medley

Jelly with Mandarins

Syrup Sponge with Custard

WEEK TWO

Option One

Classic Cheese and Tomato Pizza with Wedges



Spaghetti Bolognaise



**CHICKEN SHACK**  
BBQ Chicken or Quorn with Seasoned Potatoes and Sweetcorn Salsa



Meatballs in Tomato Sauce with Rice



Breaded Fish or Fishfingers with Chips & Tomato Sauce

Option Two

Mild Mexican Chilli with Rice



Vegan Spaghetti Bolognaise



Vegetables of the Day



Creamy Chickpea and Coconut Curry with Rice



Cheese Whirl with Chips and Tomato Sauce

Vegetables

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Dessert

**NEW** Gingerbread Cookie



Chocolate and Beetroot Brownie with Chocolate Sauce

Fruit Salad



Sticky Toffee Apple Crumble with Custard



Vanilla Shortbread



WEEK THREE

Option One

Macaroni Cheese



**NEW** Chicken 50% Enchilada Bake with Paprika Wedges



Sausage with Roast Potatoes and Gravy



Mild Caribbean Chicken with Golden Rice

Fishfingers with Chips & Tomato Sauce

Option Two

**NEW** Chefs Special Lentil Curry with Rice



Tomato Pasta



Vegan Sausage and Roast Potatoes with Gravy



Caribbean Stew with Golden Rice



Red Pepper Frittata with Chips & Tomato Sauce

Vegetables

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Dessert

Oaty Cookie



Pear Crumble with Custard



Fruit Salad



**NEW** Jamaican Ginger Cake with Custard

Cornflake Tart

MENU KEY



Added Plant Protein



Wholemeal



Vegan



Chef's Special

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.

Available Daily: - Freshly cooked jacket potatoes with a choice of fillings - Bread freshly baked on site daily- Daily salad selection - Fresh Fruit and Yoghurt